

# 1-2 Night Trip

| CHECK | DOUBLE CHECK | Hiking Trek | Non-Trek | ITEM  |
|-------|--------------|-------------|----------|---|
|       |              | X           | X        | Back pack (4,000 cu.in. is a good size for boys -Adults 5,000+, external frame is what most boys use, but most stores will now push internals because they are more compact and fit better) |
|       |              | X           |          | Back pack cover (to protect against rain)   |
|       |              | X           |          | Straps to hold sleeping bag on pack   |
|       |              |             | X        | Duffle bag - may substitute for Backpack  |
|       |              |             | X        | Day Pack (small pack to lug things around for short hikes)  |
|       |              | X           | X        | 4 to 6 - 1 gallon Zip Lock plastic bags to pack clothes in and to put in items for Bear Bag (separate).   |
|       |              | X           | X        | Sleeping bag in stuff sack lined with plastic garbage bag (to keep it from getting wet)   |
|       |              | X           | X        | Foam sleeping pad or Therm-a-Rest - optional but highly recommended   |
|       |              | X           | X        | 2 extra plastic garbage bags  |
|       |              | X           | X        | Sleeping clothes - worn only in sleeping bag (t-shirt & shorts)   |
|       |              | X           |          | Sturdy shoes and hiking boots for day wear  |
|       |              |             | X        | Lightweight sneakers & or watershoes for around camp *  |
|       |              |             |          | * (No open toe shoes or sandals)  |
|       |              | X           | X        | 2 pairs of sox (if hiking get sock liner and a good pair of socks)  |
|       |              | X           | X        | 2 changes of underwear  |
|       |              | X           | X        | 1 pair hiking shorts (depending upon weather)   |
|       |              | X           | X        | 2 tee shirts (our Troop 32 Class B t-shirts) - No profanity or offensive comments on shirts   |
|       |              | X           | X        | 1 long sleeve shirt (Sweat shirt or pull over)  |
|       |              | X           | X        | Fleece or light jacket - Or heavy jacket - Depends on Season  |
|       |              | X           | X        | Hat or cap (something that the boy likes to wear)   |
|       |              | X           | X        | <b>Rain jacket &amp; pants (or at least a rain poncho required) - Lightweight and easy to put on</b>  |
|       |              | X           | X        | Mess kit (knife, fork, spoon, bowl/plate, cup) - Note: a large tin or Nalgene works as cup  |
|       |              | 2+          | 1        | Nalgene drink bottles   |
|       |              | X           |          | Pocketknife   |
|       |              | X           | X        | <b>LED Headlamp (recommended)</b> or Small flashlight and extra batteries and spare bulb  |
|       |              | X           |          | Compass (buy a good one, Silva is a good brand)   |
|       |              | X           | X        | 1 bandanna or handkerchief  |
|       |              | X           | X        | Spending money (Recommended \$10-\$20)  |
|       |              | X           | X        | Soap, Toothbrush/Toothpaste ,extra t/paper & Toiletries (Put in plastic bag with name)  |
|       |              | X           | X        | 1 small towel (camp style towels are best as they are very absorbent and dry very quickly)  |
|       |              | X           | X        | Sunscreen / lip balm / chap stick   |
|       |              | X           | X        | Insect repellent (best with DEET) - Seasonal  |
|       |              | X           | X        | Sunglasses (cheap ones only!)   |
|       |              | X           | X        | Boy Scout Hand Book   |
|       |              | X           | X        | Small pocket notepad & pen in a zip lock bag  |
|       |              |             | X        | Merit Badge books & Requirements (if applicable) in a folder & zip lock bag   |
|       |              | X           | X        | Note book & pen/pencil for Merit Badge classes  |
|       |              | X           | X        | Class B Uniform (this is the Troop T-shirt)   |
|       |              | X           |          | Personal First Aid kit (with Moleskin) - See Scout Handbook for details on items  |
|       |              | X           | X        | Whistle with a lanyard to put around neck   |
|       |              | X           | X        | 2 man tent with ground cloth & rain fly (Boys should double-up when possible - check availability) ***  |
|       |              |             |          | *** (Please let me know if you <b>do or do not</b> have a 2 man tent you can bring!)  |
|       |              |             |          | <b>Optional Items</b>   |
|       |              |             |          | Small pillow  |
|       |              |             |          | Pocket Knife  |
|       |              |             |          | Small folding camp chair (keep it light)  |
|       |              |             |          | Camera  |
|       |              |             |          | Watch (inexpensive)   |
|       |              |             |          | Fishing equipment (only if we will have time to fish, check with Leader)  |
|       |              |             |          | Foot powder   |
|       |              |             |          | Day Pack (small pack to lug things around for short hikes or from class to class)   |
|       |              |             |          | Rope or Nylon Cord (50 yds, lightweight)  |
|       |              |             |          | Binoculars  |
|       |              |             |          | Playing Cards or Small Game   |
|       |              |             |          | Medications or Vitamins as needed (please inform leader of any medications)   |
|       |              |             |          | <b>Leave ALL electronic devices at HOME : Cell phone, GameBoy, Play Station, iPods, CD players, radios, tape players, DVD players, MP3 Players, etc.</b>                                    |